URBAN SANITATION & PUBLIC HEALTH

GOOD AFTERNOON



Presented by -

U KHIN MAUNG YI (WHO)

MES -CCM, N.S.C - UNs, INGOs & NGOs



URBAN SANITATION & PUBLIC HEALTH



SWEDEN eawag & HONOI - Public Health







Urban Sanitation & Public Health

MAIN CONCEPTS

LEARNING

OBSERVING

THINKING

THEORY

ENVIRONMENT

HYPOTHESIS

Environmental Sanitation

- 1.General Sanitation (Building orientation to all)
- 2. Air Sanitation (Pollution, CO₂, CO, H₂S, NO, CLFLC, CH₄, NH₃)
- 3. Lighting (minimum 50 foot candle for reading)
- 4. Ventilation (30%-40% of walling, 50-70ft²/c, 35m³/c.hr)
- 5. Soil Sanitation (free Disease Produc^{N:} Bat, Pathogenic Organism)
- 6. Sound Sanitation (Noise Control <80 decibel)
- 7. Refuse Disposal (DumpN:, San. LF, CP, Hog Feeding,
- Incineration).
- 8. Sewage Treatment (San.Pit, Septic Tank, IMT, TF, AS, MF)

Source: Environmental Engg; & Sanitation-Joseph A. Salvato New York Nov: 1971

What is Sanitation?

Definitions

eawag

a)

Sanitation is the means of collecting and disposing of excreta and liquid wastes in a hygienic way so as not to endanger the health of individuals or the community as a whole. [1]





b) (less common)

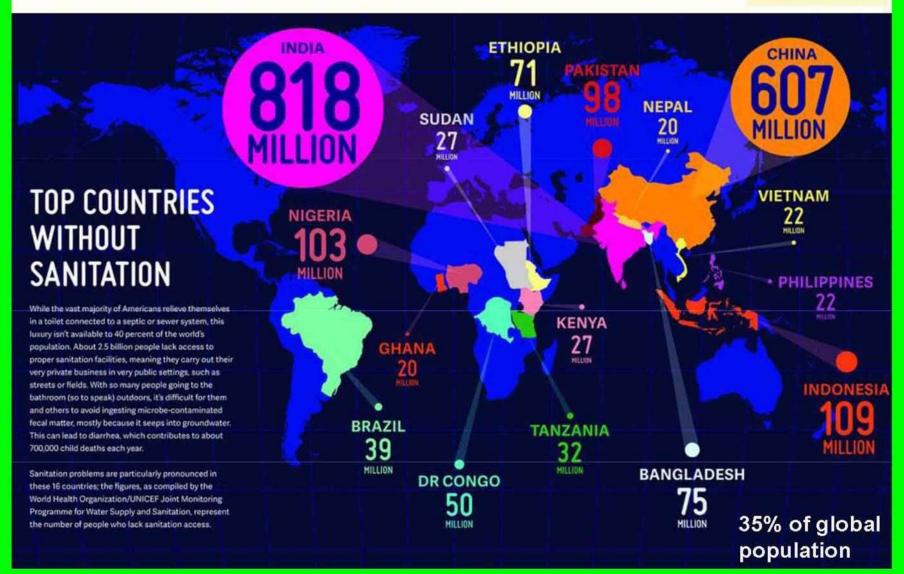
General term used to describe a battery of actions that all aim to reduce the spread of pathogens and maintain a healthy living environment. Specific actions related to sanitation include wastewater treatment, solid waste management and stormwater management. [2]

Municipal Concerns

So it mostly addresses on- WW treatment, solid waste & storm water management

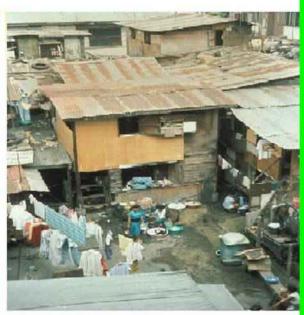
Sanitation Challenges

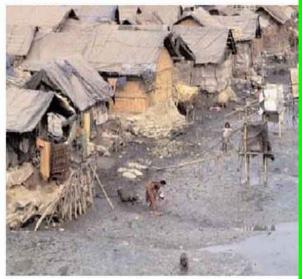




Sanitation Challenges: Urban

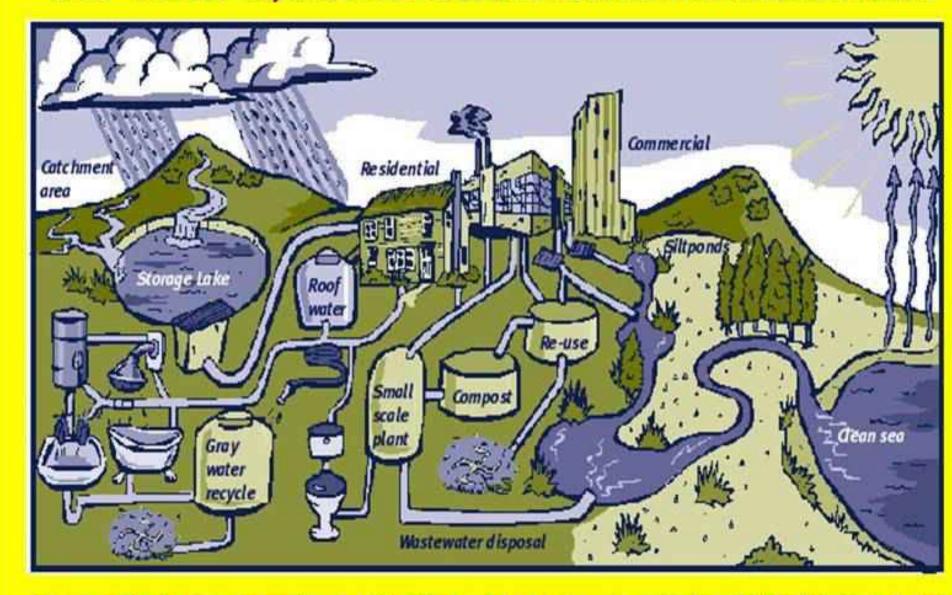
- Greatest socio-economic & technical challenges
- Disease transmission public health
- The numbers!
- Simple (rural) versus complex (urban) solutions







The Water Cycle and RelatedUrban Infrastructure



Source: http://www.mfe.govt.nz/publications/waste/wastewater-mgmt-jun03/html/figure3-3.html



What Waste, Resource and Management Systems Are We Dealing With?

Wastewater

Water supply

Sources of waste

> Resources Wastes

Household water handling Greywater

Sanitation

aecal sudg

Excreta

Waste generation

Solid Waste

Drainage

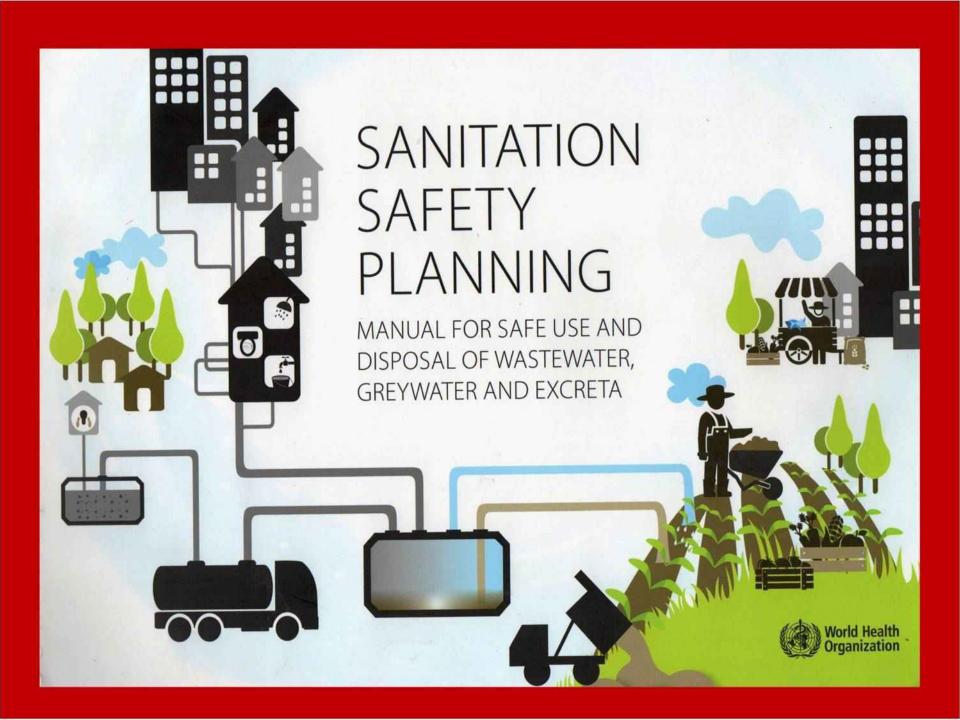
Stormwater

Processes

Storage - Transport - Treatment - Disposal - Reuse

Management

Planning - Financing - Implementing Operation & Maintenance - Regulation & Enforcement







MODULE 1 PREPARE FOR SSP

MODULES

- 1.1 Establish priority areas or activities
- 1.2 Set objectives
- 1.3 Define the system boundary and lead organization
- 1.4 Assemble the team

- Agreed priority areas, purpose, scope, boundaries and leadership for SSP
- A multidisciplinary team representing the sanitation chain for development and implementation of SSP

MODULE 2 DESCRIBE THE SANITATION SYSTEM

MODULES

- 2.1 Map the system
- 2.2 Characterize the waste fractions
- 2.3 Identify potential exposure groups
- 2.4 Gather compliance and contextual information
- 2.5 Validate the system description

- A validated map and description of the system
- Potential exposure groups
- An understanding of the waste stream constituents and waste related health hazards
- An understanding of the factors affecting the performance and vulnerability of the system
- A compilation of all other relevant technical, legal and regulatory information

MODULE 3

IDENTIFY HAZARDOUS EVENTS, ASSESS EXISTING CONTROL MEASURES AND EXPOSURE RISKS

MODULES

- 3.1 Identify hazards and hazardous events
- 3.2 Refine exposure groups and exposure routes
- 3.3 Identify and assess existing control measures
- 3.4 Assess and prioritize the exposure risk

- A risk assessment table which includes a comprehensive list of hazards, and summarizes hazardous events, exposure groups and routes, existing control measures and their effectiveness
- A prioritized list of hazardous events to guide system improvements

MODULE 4 DEVELOP AND IMPLEMENT AN INCREMENTAL IMPROVEMENT PLAN

MODULES

- 4.1 Consider options to control identified risks
- 4.2 Use selected options to develop an incremental improvement plan
- 4.3 Implement the improvement plan

OUTPUTS

 An implemented plan with incremental improvements which protects all exposure groups along the sanitation chain

MODULE 5

MONITOR CONTROL MEASURES AND VERIFY PERFORMANCE

MODULES

- 5.1 Define and implement operational monitoring
- 5.2 Verify system performance
- 5.3 Audit the system

- An operational monitoring plan
- A verification monitoring plan
- Independent assessment

MODULE 6 DEVELOP SUPPORTING PROGRAMMES AND REVIEW PLANS

MODULES

- 6.1 dentify and implement supporting programmes and management procedures
- 6.2 Periodically review and update the SSP outputs

- Supporting programmes and management procedures that improve implementation of the SSP outputs
- Up to date SSP outputs responding to internal and external changes

Ammonia & Nitrate Pollution

Nitrogen Cycle & pollution

$$2 NH^{4+} + 4O_2 = 2NO_3 + 4H^+ + 2H_2O$$

$$1 \text{ mg NH}_4 = 3.6 \text{ mg O}_2$$

Iron & Manganese Removal

$$4 \text{ Fe}^{2+} + O_2 + 10 \text{ H}_2\text{O} = 4 \text{ Fe (OH)}_3 + 8\text{H}^+$$

 $1 \text{ mg Fe}^{2+} = 0.14 \text{ mg O}_2$

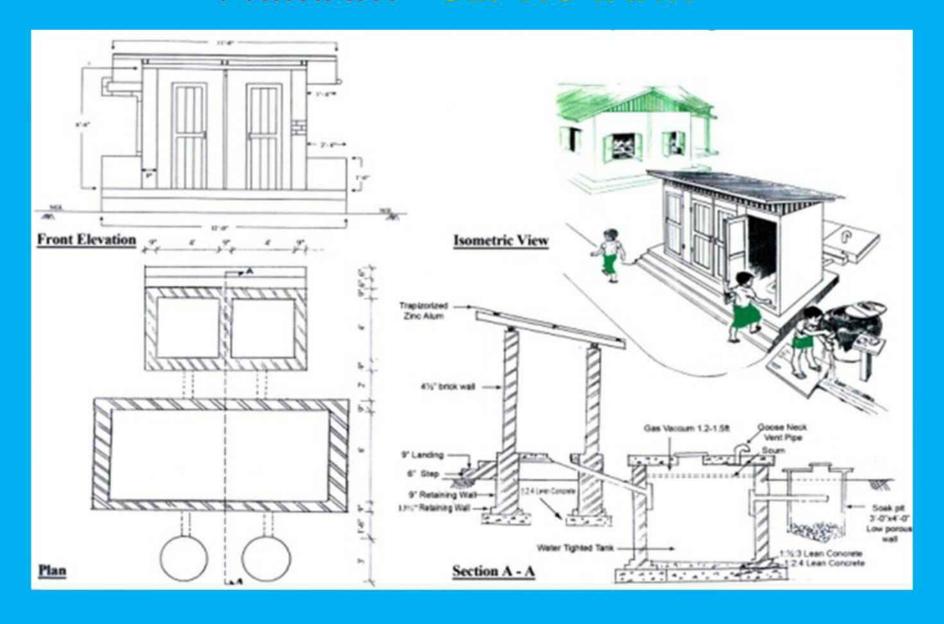
•
$$6 \text{ Mn}^{2+} + 3 \text{ O}_2 + 6 \text{ H}_2 \text{ O} = 6 \text{ Mn O}_2 + 12 \text{ H}^+$$

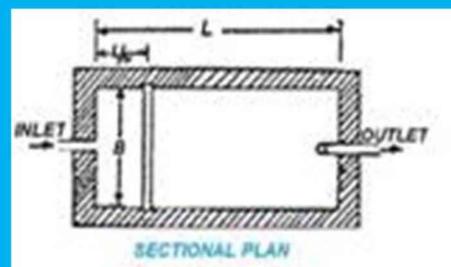
1 mg Mn²⁺ = 0.29 mg O₂



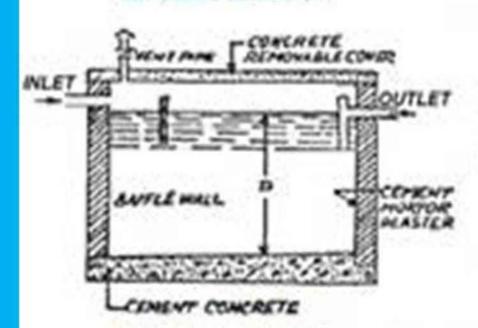


PRIMARY - SEPTIC TANK

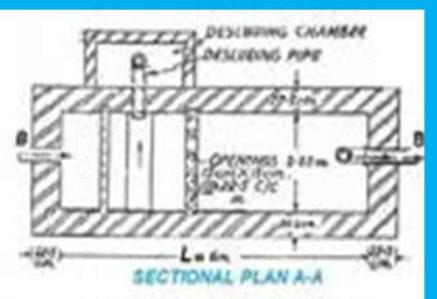


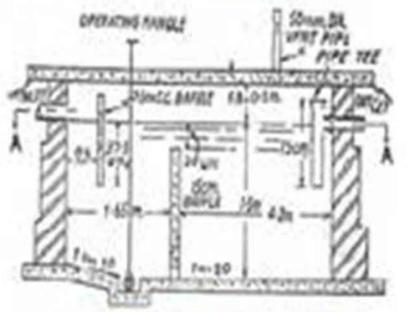


BECTIONAL ELEVATION

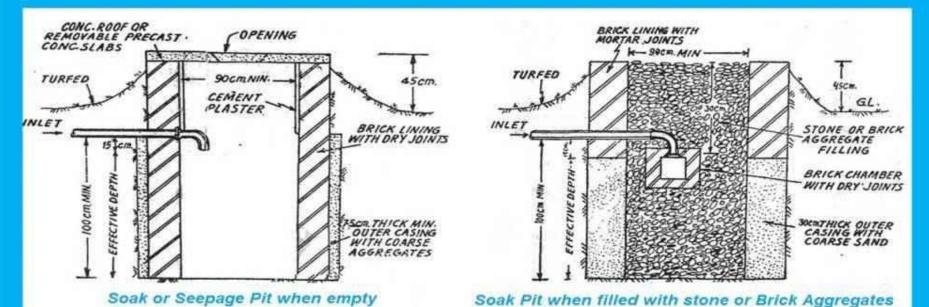


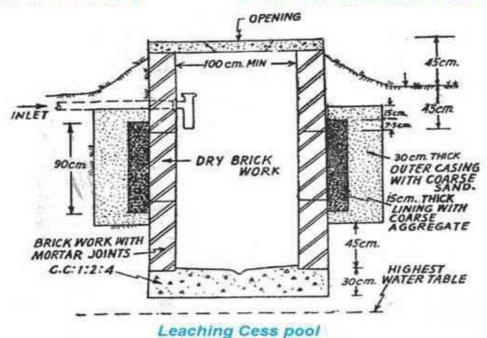
SECTIONAL ELEVATION





SECTIONAL ELEVATION B-B





SEPTIC TANK DESIGN

Table The dimensions of septic tanks as per I.S. 2470

No. of users	Length L metres	Brealth B metre	Liquid depth	Liquid capacity m ³ .	Free Board	Sludge to be removed m3.	Cleaning interval
5	1.5	0.75	1·0 1·0 1·05	1·12 1·12 1·18	30 30	0·18 0·38 0·72	6 months 1 year 2 years
10 <i>j</i>	2	0.9	1.0 1.0 1.4	1·8 1·8 2·52	30 30 30	0.38 0.72 1.44	6 months 1 year 2 years
15	2	0.9	1·0 1·3 2·0	1.8 2.34 3.6	30 30 30	0·54 1 08 2 16	6 months 1 year 2 years
20	2.3	1.1	1.0 1.3 1.8	2·53 3·3 4·55	30 30 30	0.72 1.44 2.88	6 months 1 year 2 years
50	4	1.4	1·0 1·3 2·0	5.6 7.28 11.2	30 30 30	1·8 3·6 7·2	6 months 1 year 2 years

DESIGN CALCULATIONS FOR ANAEROBIC TANK

SEWAGE FLOWS

METHOD

***RATIONAL**

METHOD

SLUDGE ACCUMATION METHOD

Septic Tank Design

I. Sewage Flow Method

```
Water tight, inlet 1 dia > out let dia D = 1.2 - 1.7 m, L/B = 2-4,
                         Free Board=1-1.5 ft (Min 30 cm)
Sewage Flow = 20 gpcd Users =50 Q = 20 gpcg x 50 capita = 1000 gals/day
              Detension time 24 hours = 24 h/24 hour/day = 1day
  Q = 1000 gallon/ day x 1 day = 1000 gallons V = 1000 \text{ gal} / 6.24 \text{ gal} / \text{ ft}^3
                                      =160.3 \text{ ft}^3
      Assume D= 1.2 m = 1.2 x 3.28 ft = 4 ft A = 160.3 \text{ ft}^3 / 4 \text{ ft} = 40.8 \text{ ft}^2
                         Assume L/B = 2
         A = 2B \times B = 2 B^2 = 40.8 \text{ ft }^2
                                             B^2=20.4 B=4.52 ft. L=9 ft
                        Tank Dimension 9' x 4.5' x 4'+ 1'
```

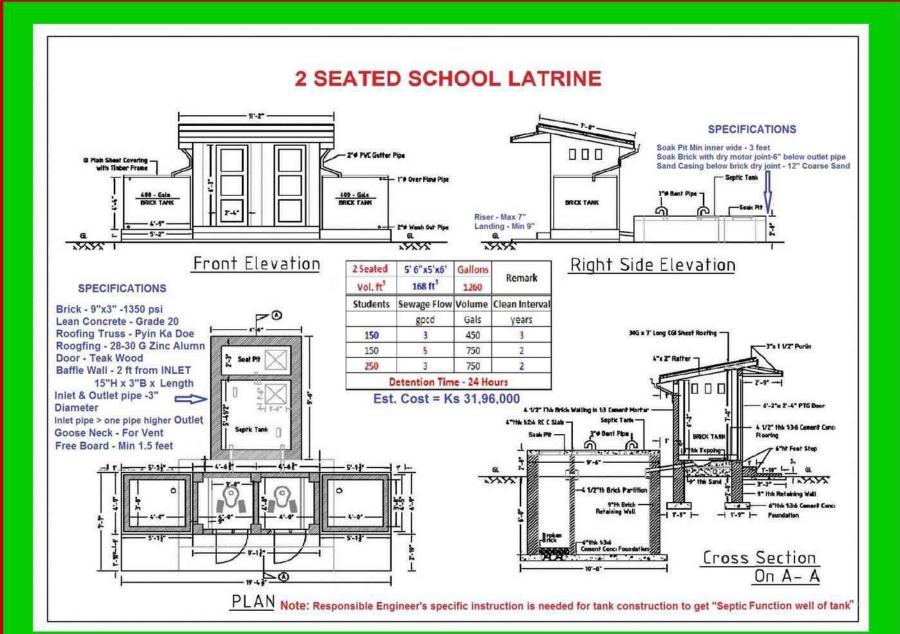
II. Rational Method

135 lpcd x 100c= 13500 l/day= 13.5 m³/day

- Detention Time 24 hours = 1 day
- Need മുതည് 13.5 m³/day x 1day= <u>13.5 m³</u>

(1)အနည်ထိုင်ဇုံ
$$1m^2/10c \times 100 c = 10m^2 \quad 10m^2 \times 0.3 m = 3 m^3$$

(3)သိုလှောင်ထုထည
$$V = 0.00021 \, \text{m}^3/\text{c/day} \, \text{x} \, 100 \, \text{c} \, \text{x} \, 365 \, \text{days} = 7.7 \, \text{m}^3$$



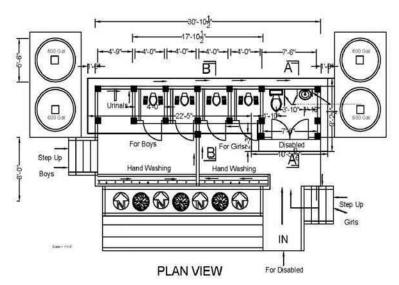
4 SEATED SCHOOL LATRINE WITH DISABLED TOILET

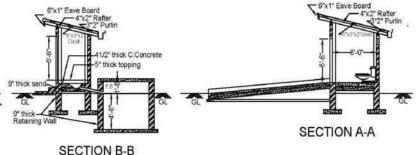


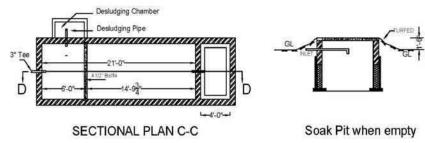
FRONT ELEVATION

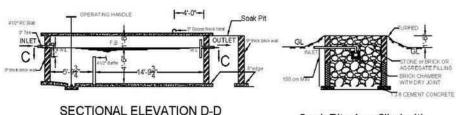
Estimation Cost = Ks 59,89548

Target for 300 Students, 10 gpcd, detension time-1day For Middle School & above, cleaning interval - 1 year







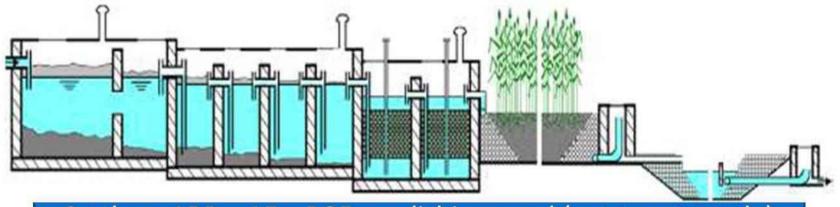


Soak Pit when filled with broken bricks & aggregates

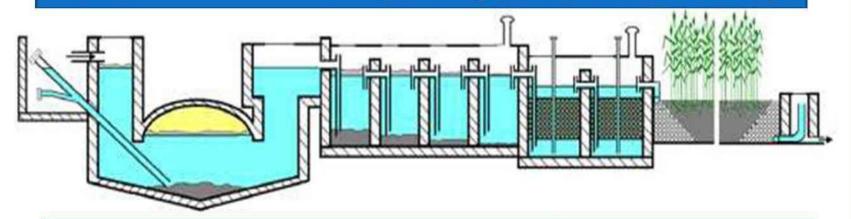
NOTE: Responsible Engineer or Skill Contractor's specific instruction is needed to get "Septic Function of tank"

CDD- Consortium DEWATS Disemination

Decentralized Wastewater Treatment System



Settler – ABR – AF – PGF – polishing pond (not true to scale)



fixed dome biogas settler - ABR - AF - PGF (not true to scale)

Thumb Rules (Settler)

- 1. Sludge volume I/g BODrem=0.005 BODr
- 2. SS/COD = 0.35 0.55 -0.42
- 3. Surface load = 0.6 m3/m2 w/w peak flow
- 4. CH4 produced /kg COD rem=0.35 m3/kg
- 5. Height(scum) = 0.2 0.3
- 6. Hydraulic RT = 1.5 2.0

7.L/B ratio = 2.1 - 3.1

- 8. Outlet Liq depth=1.8-2.2 m
- 9 1st & 2nd Chamber ratio If 2 Chams, 1st Cham = 2/3 of total length
 - If 3 Chams, 1st Cham = 1/2 total length.
- 11. Assure wall opening bet, under scum & sludge top, have MH, Water tight, Vent
- 12. Desludg interval = 18-24 m

Thumb Rules (ABR)

- 1.SS/COD-Dom. = 35-55-42
- Sludge Volume –5-10% of volume of ABR
- CH4-produced /KgCODrem - 0.35 m3/kg
- 4. Scum volume 10 1/cap
- 5. HRT- not <8 hrs. better 16-20 hrs. if > 20 hrs, pollution removal is very minimum

6. B/H ratio - 0.4

- Distance bet: pipes - not exceed 030 m
- Nos of Chambers - At least 4 chambers
- 9. Outlet water depth- 1.8 m- 2.2 m
- 10. Up-flow vel: - $0.9 - 1.2 \,\text{m/h}$ Organic load - <

6 kg/m3* day BOD

Thumb Rules (AF)

- 1. SS/COD -Domestic: 0.35-0.45-0.42
- 2. HRT 24-48 hrs
- 3. Filter height 0,75 -1 m
- 4. Specific surface of filter medium 80 -120 m2/ m3
- 5. Voids in the filter mass 30-45%
- 6. Size of filter B-14 cm dia,cinder
- 7. Up-flow velocity Max 2m/h
- B. Organic load <4 kg/m3 *day COD
- 9. Outlet water depth -1.8-2.2 m
- 10. CH4-produced /Kg CODrem -- 0.35 m3/kg

Thumb Rules (HPGF)

- 1. Void of gravel -35%-45%
- Max BOD on X sectional area-150 g/m3 s
- 3. Max organic on chosen surface (Organic load limit) -10
 - g//m2 BOD 4. Gravel size-5-
- 7mm, 10-12 mm, 50-70mm dia.,
- bigger inlet & outlet 5. Slope 1%

size at

- 6. Height of filter 50
- 60 cm Construction –
- Swivel at inlet outlet to adjust water level

No Thumb Rules

(Polishing Pond)

V = 12 m3/d*2d=24m3

Sur. Area= .24m3/1m= 24 m3

Dimensions:

W= 4 m, L=6m

Diameter 5.5 m

Reutilizing Wastewater for Plants













Reutilizing Wastewater for Plants





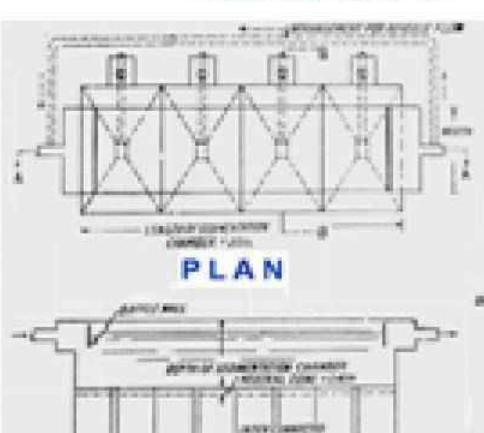




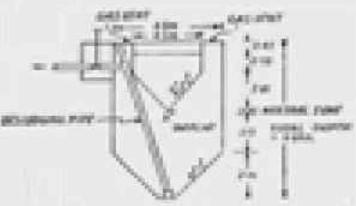




IMHOFF TANK

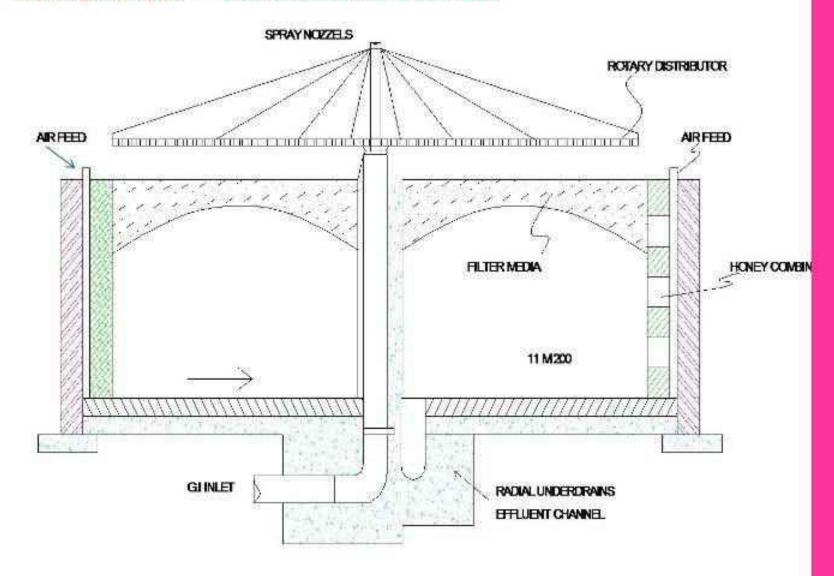


SECTION A-A

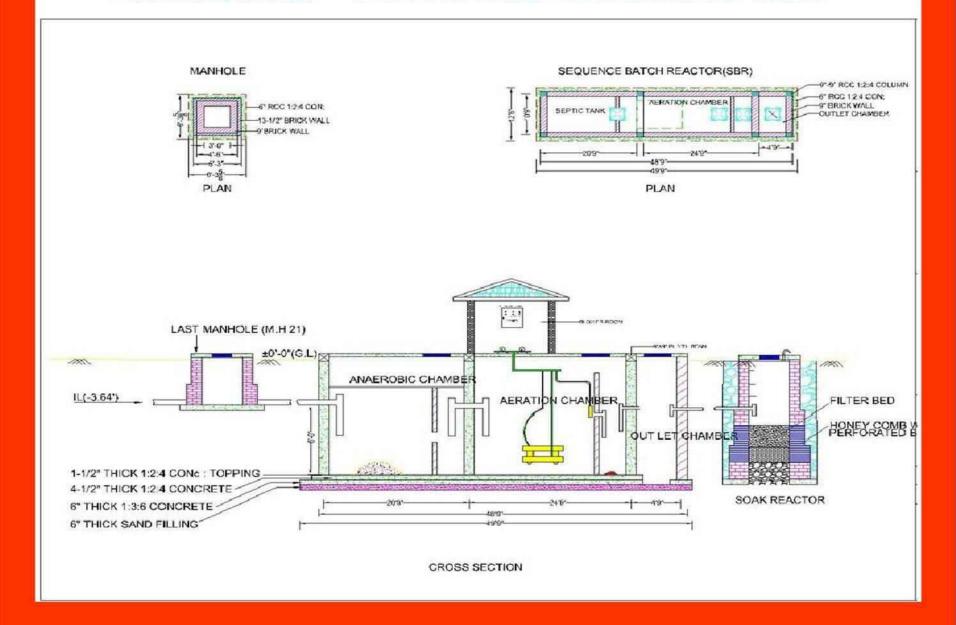


SECTION B-B

SECONARY - TRICKLING FILTER

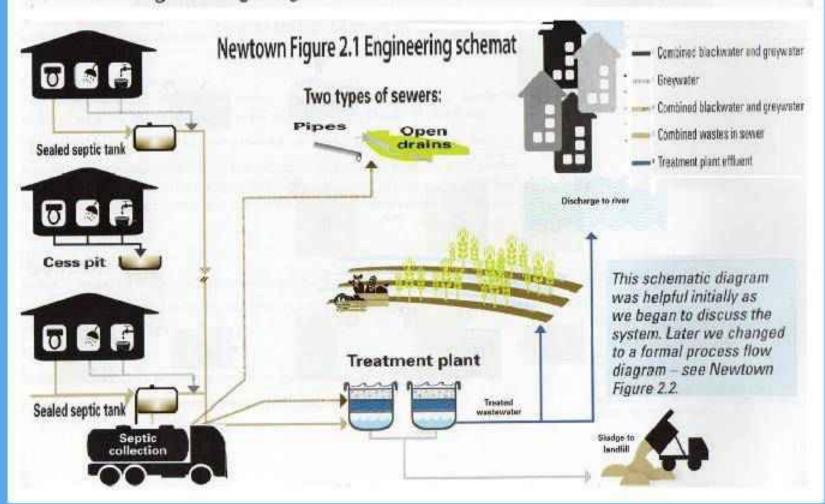


SECONARY - ACTIVATED SLUDGE or SBR



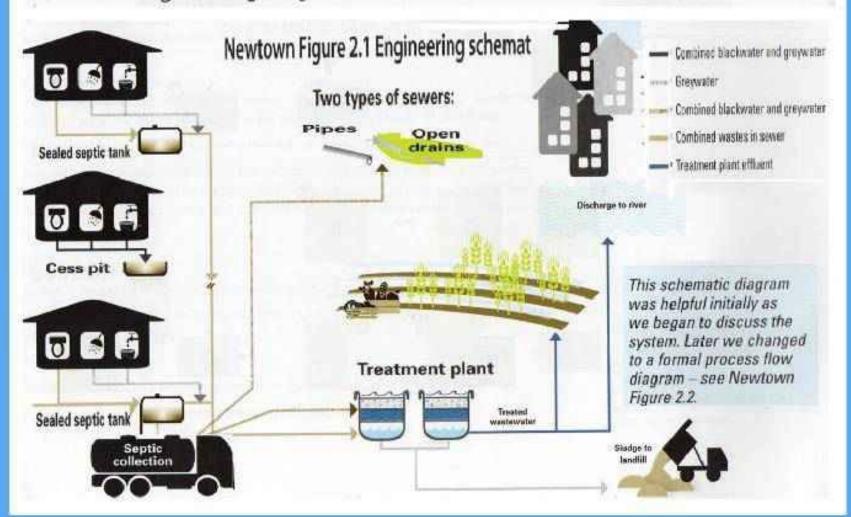
Module 2.1 Map the system

An initial engineering diagram was used to aid in understanding the syster



Module 2.1 Map the system

An initial engineering diagram was used to aid in understanding the syster



Nytrogen Cycle & Effects

•
$$NH^{4+} + 2O_2 = NO_3 + 2H^+ + H_2O$$

1 mg NH₄+ = 3.44 mg NO₃-

In Water Quality

If NO3 is > 50 mg/l→Cause Blue Baby disease

Waste Collection



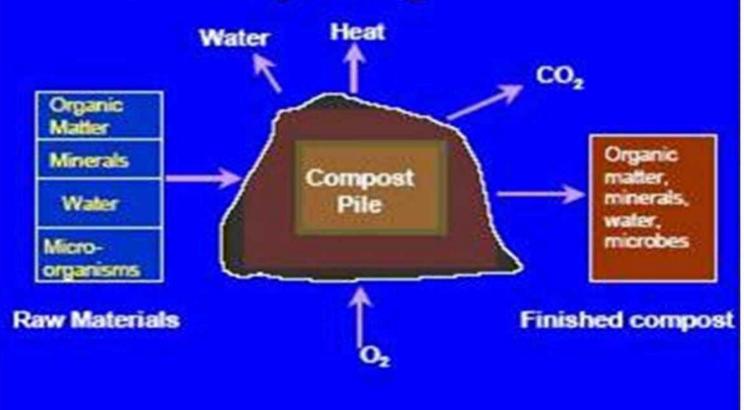
Waste-to-Energy Landfill Gas to Energy

Waste Reduction & Recycle



Waste Composting

The Composting Process





100H 1655-4013

Policy Brief Series

Solid Waste Management Badly Needed in Myanmar

Auto urbanized area produce about 700,000 mas of wild wave duly and are reported to be core that double beyone 2025. And that is not even the recore constitution of the proper constitution.

According to the World Busic management on developing countries uponed 20-50% of which budget on solid mater management. Early though, 50-50% of arban solid trains a Arian countries certain sucodected and less than 50% of the population served. In more case, armanch as 80% of the materials.

collection and transport equipment is non-limitational.

Despite the pulpithe organy is solve this lane. I sail generations in that would connecte are incorporate to which connecte are incorporate which was a solve of the solve of the solve transgenous returns \$5°0\text{All}\$) in orbaation for several factors. These factors include lack of funds and resource, occurrence in order or an experience occurrence in order or an experience of configurate placeting, exclusivel knowtow of cold, discipline on the part of more producers, and appliced policies. A Microcorn of the Waste Management Concern

Yangon City, the capital of the Strion of Dynamia, morapithe on alarming origins of this waite managerous haus. Carently, the City has a population of \$5 million roth as among provisuse of about 2%. More people mean rower waite. Fugid ubsantions and population growth mades the City's human booth and explanation waite transposent critical.



Sena Let Aye, in her dissertation utiled "Brange Sold Varie Management." Hunting for Yangon Cry. Mystemat", defined sold water management. (SVM) as the "generation, storage, collection, market, and transport, processing, and disposed" of sold ware, according to real and economic mesh and mystematorial markets.

In the case of Yangen Cary, the municipal area personnes approximately 2,000 main of adul main daily, with a daily collection efficiency of 54%. The orange waste personnes of public motor is about 0.55 kHogram per capital per dai.

Empire-Ciry SWME is "creately implemented below internets and inscentionless". The Polletton Council and Cleaning Department (PCCD), under the Yangers Care Development Committee (YCDC), administers and performs the manufacil 5WMS. The 32 Townships in the Circ are classified from 4 Dispers. North, South, East and Wen. PCCD makes the office in order township, and each remarks also constant want collection, term recepting, and transportation procedure.

The cuents ormat, howers, prevent madequire. The lack of an adequate SWI-E in owns of planning, legislation, capacity building, and has level of awareness on certificational management, obsider expension, and monthly and builder, among other languages, is quite darming.

High Cox. In the 2003-2004 Financial line, the Yangon Chry SWAS incontrol a word expense of 1.2 and ton US shiften to collect a total water volume of 245/89 non. Eleawhile, the system recovered a more total of GPS million US delian.

Lart of Entiment Rene-bear Aids from the high cost of the count's SWAS, ware management officials and raff lack the proper hards have on many management to should only be all force and not fully grapped in world, economical, and configing in optic storm.

Ounland policie and agricum. For

as FWMS to be adoptive and effective is a signifity estimate city such as Yangon, three has so be a strategic plan-Colornacely, legislation on Yusque Circle SWM was formulated war back. to 1972, and nothing size followed over state. The beginnens or continued in Sections 111 and 112 of the City of Rangoon Municipal Acr of 1922. mittled "Soverging and Cleaning Acta". This empowers YCDC to set on watermanagement within their petroliction and to adopt segulations and standards for the stronger, collection. and disposal of colid water. However, templomerating rates and regulations have set to be put in plant, and the suppletrades out

Policy Recommendations

Band on Agricande, the NWidfl will be madered effective if supported by policies in the form of legislation, regulation, and administrative values sound by WDC care the Mayor. The recommended policies and ordination that send to be drawn are:

 An ordinate to support the coologically mound practices on. SWM each as the requirement for. archeanantal topus assumes (EIA) for the adulties and water-upogetto programs for tendential, commercial, and other multibaseous

- An informacy to support the soliesters of water management during in the form of directtors charges (which depend on whose of more generated) and monthly charges from homelacks, instructions, continued in multiple group, and landarises.
- An artificating ordinates that penaltim illegal discipling of waters.

Other importunidation toward as officiate SVMS are:

- Active community involvement and participation through appropriate information discretization and knowledge publishmation on proper SWAR
- Where information in
- Efficient and effective solid warn inflection and transportation return, and
- Effective contractivity program essential in developing water management practices. (Merc Ppi I. Monage.)

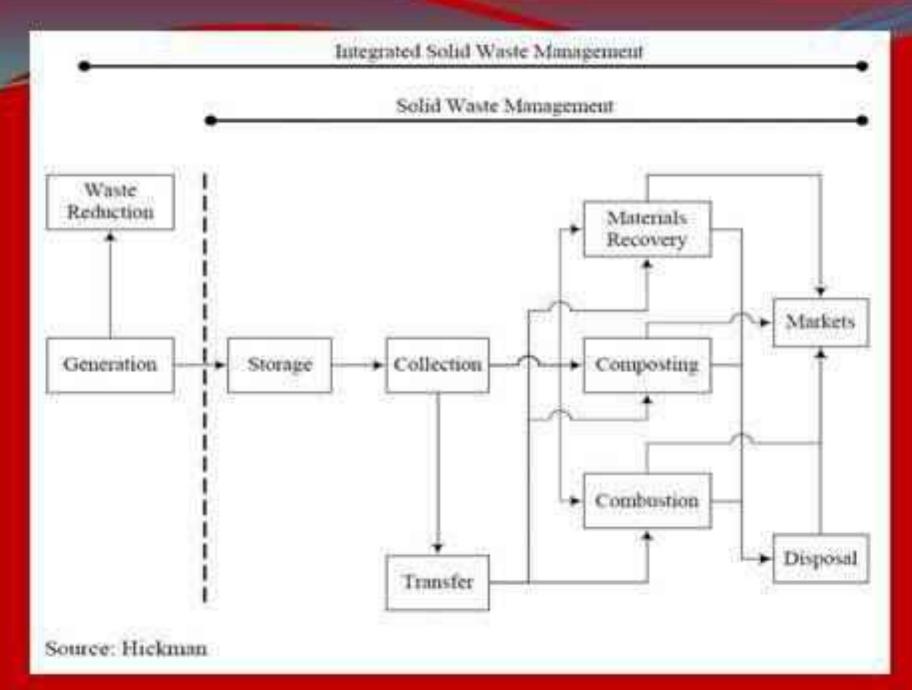
Senn Lei An, PhD, Stranger Solid Water Management Planning for Empor Ora, Afrannan. University of the Philippina Lee Bassa (USLB). December 2005.

PORTUTATION AND METAL CHIEF AN

Yangon City's SWMS

"centrally implemented, labor-intensive, and uncontrolled."

- The Pollution Control and Cleansing Department (PCCD), under the Yangon City Development Committee (YCDC), administers and performs the municipal SWMS.
- The 33 Townships in the City are classified into 4 Districts North, South, East and West.
- PCCD maintains offices in each township, executing waste collection, street sweeping, and transportation practices.
- The current system, however, proves inadequate.
- Lack of an adequate SWMS in terms of
 - planning,
 - legislation,
 - capacity building,
- Low level of awareness on environmental management,
- Obsolete equipment, and insufficient budget,
- Other limitations



Processing and Disposal of MSW

Landfill

Composting

Recycling and recovery

Incineration

Landfill

- The most preferred method for the final disposal of solid waste.
- Most of these sites practice open dumping.
- Landfill Gas
- Waste-to-Energy

Sanitary Landfill

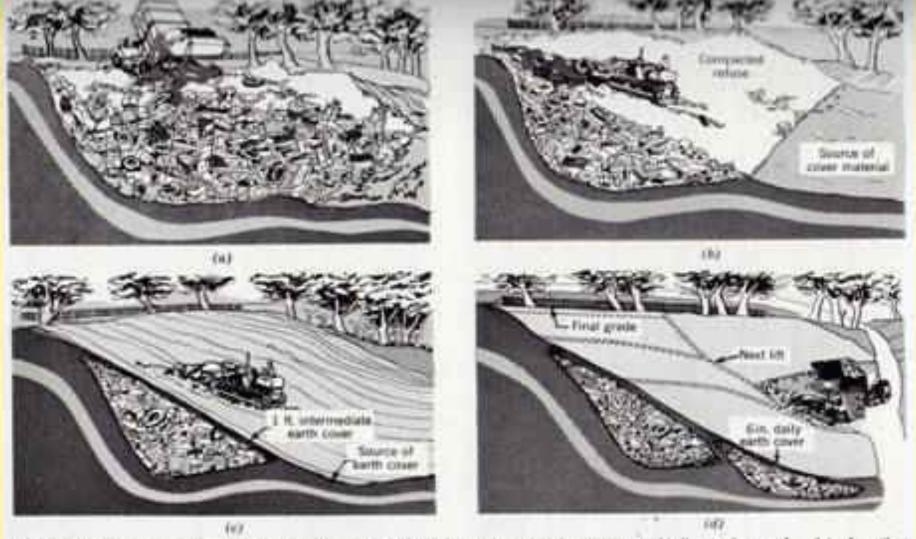


Figure 5-13 Convenies of an open dump to a senitary landfill (a) Existing open dump (b) Street slope reduced to less than 2:1 to allow safe operation of equipment (c) Refuse comparted and covered (d) Hefuse area operated as a senitary londfill. From Smiltery Landfill, New York State Dept. of Health, Altison, 1960).

Composting

- The second preferred method of solid waste disposal,
- Due to the high % of organic materials.
- Compost
- Biofertilizer
- Organic Farming

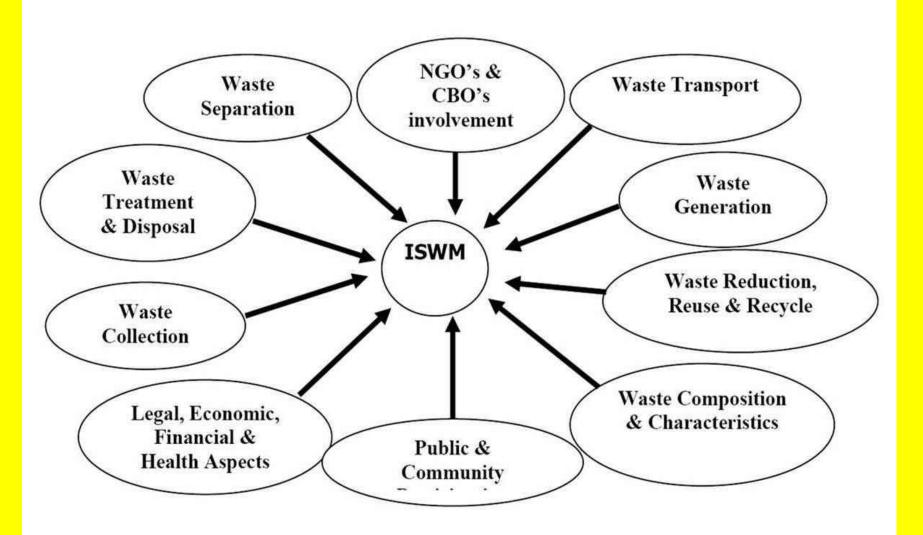
Recycling and recovery

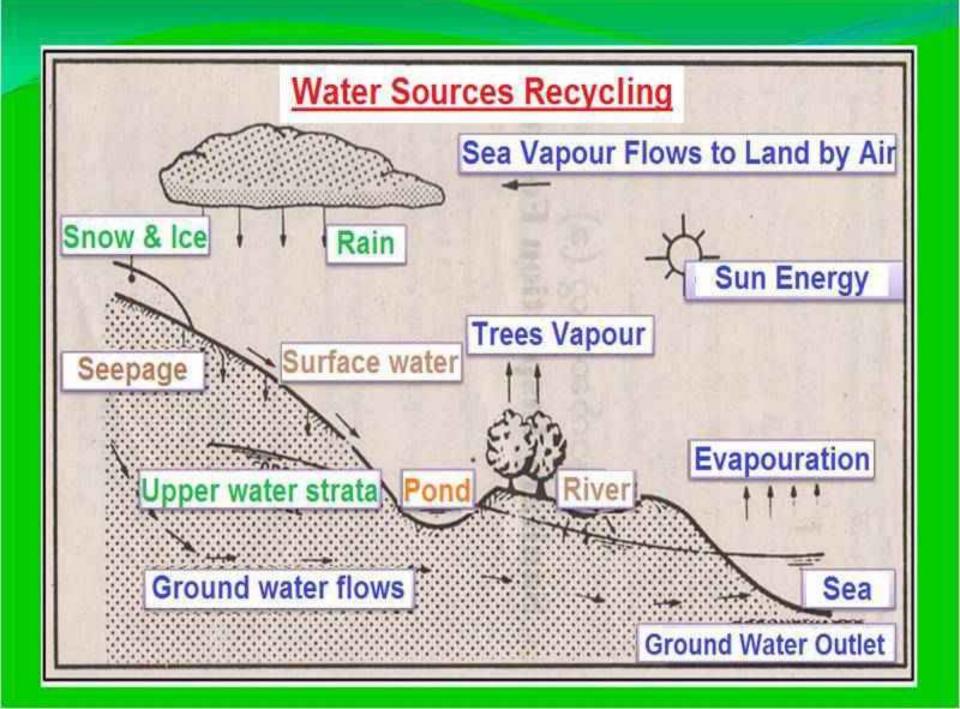
- Generally carried out by the informal sector.
- Collection of recyclable waste is done in several steps such as
 - door to door collection,
 - collection at secondary and primary transfer stations
 - even in the disposal sites.
- Due to the collection systems
 - the low quality of scrap,
 - the recycling rate is low
 - high number of waste pickers working.

Incineration

- Due to the high capital, operation and maintenance costs involved for the installation of incineration plants,
 - incineration is not popular as a waste disposal system.
- the major portion of the MSW is organic with relatively high moisture content
 - · leads to a low calorific value

Integrated Solid Waste Management





WATER RESOURCES & USAGE

Global water

97.5%

2.5%

Salt water Fresh water

technologically and economically accessible for human use.

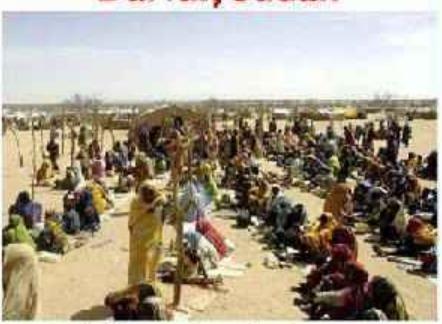
Water Scarcity in Africa



Droughts



Darfur, Sudan



Water Pollution



PROBLEM MAGNITUDE

- Densely populated area & severe water shortage
- |n 2016, nearly 2 billion people live in parts of world running out of water
- ➤ By 2025, two thirds of the world may ∧ suffer from water shortages
 - 150% U-Population
- 2018 World water Day Slogan "Nature For Water"







World Water Day 2018

Seven Billion Dreams.
One Planet.
Consume with Care.

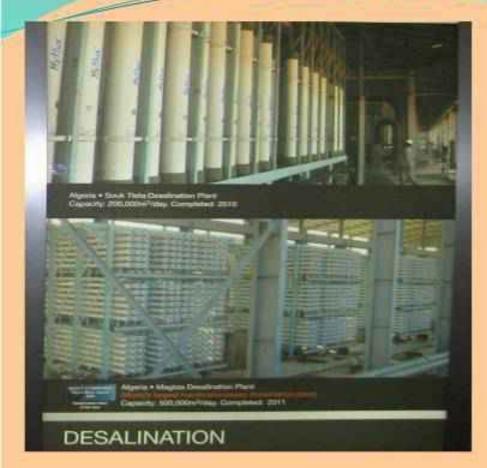


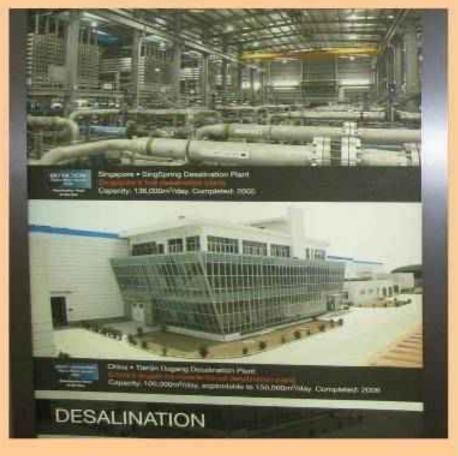
22 March every year

REUSE REDUCE RECYCLE

Innovating Life

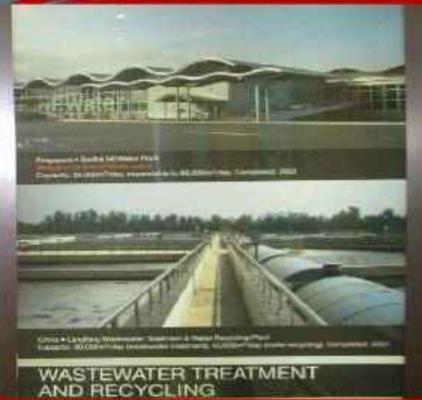
DESALINATION



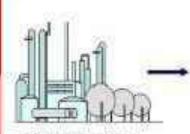




WASTE WATER







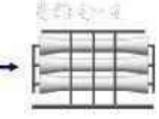
Wastewater Treatment Plant



200µm Auto-strainer



Kristal® UF



Reverse Osmosis



RO Water Tank

Ultraviolet Irradiation

Main Air Compressor in Botadaung Township, Sewage are driven by air compressing to Treatment Plant



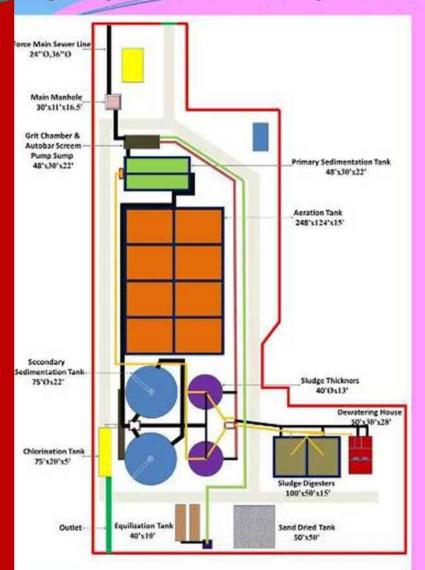
Year of Establishment

-1888 year

- (6) Steam Turbine Engines
- Change of year to electrical driven -(1962-1963)
- •(2) Electrical Air Compressors of 200 Horse power were reinstalled
- ◆(2) Electrical Air Compressors of 120 Horse power were reinstalled
- ◆Total land areas 2.75 acres

Layout plan of Treatment plant

Establishment of Sewage Treatment Plant



Programme for Sewage Treatment Project

- Detail Design
- ☐ Implementation
- □ Installation
- Commissioning
- Installation
- Training

Design Criteria:

- >Area of Plant 5.56 acres
- ➤ Design population 300,000
- > Daily wastewater discharge-
 - 14775 m3/day
- ➤BOD influent 600mg / I
- >BOD effluent 20 mg / l
- Suspended solid influent- 700 mg / l
- >Suspended solid effluent- 40 mg / I

Microscope





Sewerage System of YCDC

Estimated population with sewer(conventional sewer system) is 300,000 people. Main content of system are

- 1) Air Compressor Station(2) Pneumatic Ejectors(3) Air Pipeline
- 4) Gravity sewer pipeline(5) Wastewater Treatment Plant



- Wastewater treatment plant
- Air compressor station
- Total length of sewer pipe line (10.75) km(12"Cl to 36"Cl Pipe)
- Sewage ejector (35) Nos

(10.75) km(12"Cl to 36"Cl Pipe) Manholes - 2114 Nos

SEWERAGE ZONES AREA (13 ZONES)



Zone	Township Botahtaung, Puzundaung, Kyauktada, Pebedam,						
C1							
W1	Lannadaw, Latha, Alonc, a part of Kyeemyintdaing, Dagon, a part of						
	Bahan,a part of Kamaryut,Sanchaung						
C2+E1	a part of Bahan, Mingalartaung nyunt, Yankin, Thingangyun, Tarawe,						
	S-Okkalapa,a part of Mayangone, N-Okkalapa, N-Dagon						
W2	a part of Kamaryut, Hlaing, a part of Mayangone						
ЕЗ	Taketa,Dawbon,S-Dagon						
NI	Inscin						
EA	Dagon Seikkan						
E2	East Dagon						
N2	Mingalardon						
NB	Shwepyithar						
S1	Dak						
W3	a part of Kyeemyintdaing, Seikgyi khanaungto, Seikkan						
W4	Haing Tharyar						

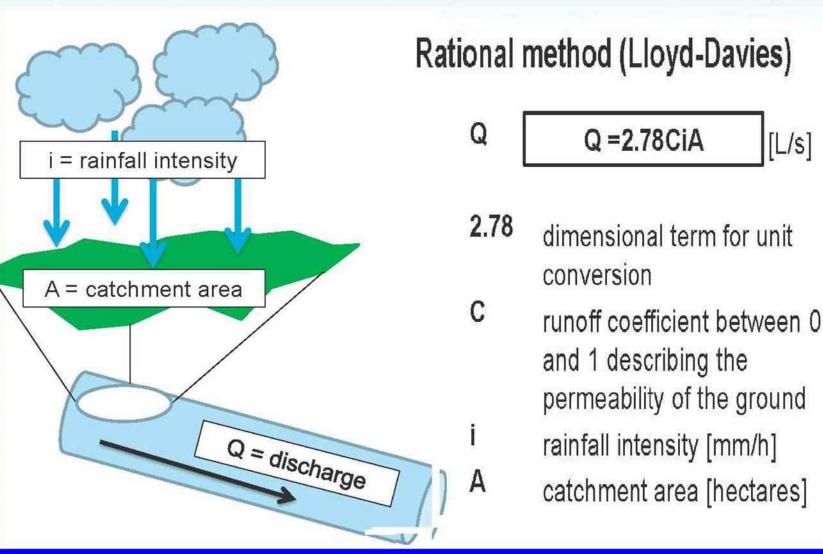
DRAINAGE WITH CONTOUR MAPPING

Contour Mapping & should be disposed to Agriculture & Low Lying Area

Drip-Irrigation



Relation Between Drain Discharge and Rainfall Intensity

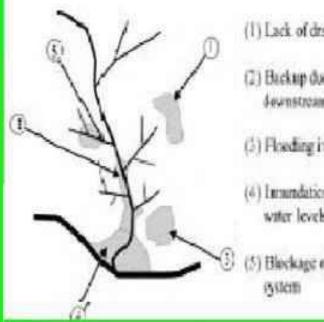


Findings Drip irrigation

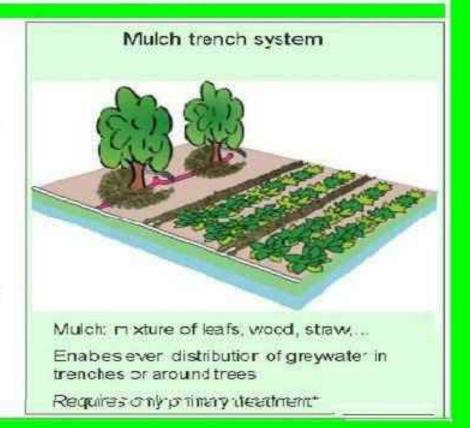
- Drip irrigation and mulch trench systems are most appropriate (sub-surface or close to surface
- Alternative where greywater volumes are small and soils are inappropriate for agriculture: Tower gardens

The Problem

Causes and Types of Urban Flooding



- (1) Lack of drainage infrastructure
- (2) Buckup due to desain! dournstream water levels
- (b) Flooding it low-bing areas
- (6) Immundation caused by high river water levels
- Blockage of the drainings



ENVIRONMENTAL MITIGATION

Global Hit

June 5 2015

United Nations Environment Programme

World Environment Day

Every Year. Everywhere. Everyone.

In support of:



Don't miss the boat





Seven Billion Dreams. **One Planet.** Consume with Care.



Water related diseases

I. Waterborne

Pathogens carried by water

Faecal-oral transmission

°ကာလဝမ်းရောဂါ တိုက်ဖွိုက်ရောဂါ

- °ဝမ်းကိုတ်ရောဝါ
- °အသည်းရောင်အသားဝါရောဂါ
- °ကျောက်ကပ်ပျက်အသည်းရောင်ရောဝါ
- •အထက်လှန်အောက်လျှောရောဂါ

transmitted

infectious

disease

II. Water-washed

(Water- scarce) water quantity problem

- 🔹 ဝဲရောဂါ ၊ အရေပြားပြည်တည်နာ
- •မျက်ခမ်းစပ်ရောဂါ၊ ဝမ်းပျက်ဝမ်းလျှေ
- °မျက်စိရောင်ရမ်းရောဂါ အနာကြီးရောဂါ

III. Waterbased

Pathogen depe on water animal/plant

•ဆီးလမ်းကြောင်းနှင့် အစာဟောင်းအိမ်ပိုးဝင်ခြင်းရောဂါ (Urinary and rectal schistomiasis)

•သံကောင်ရောဂါများ

(Guinea worm, Threadworm)

IV. Water- သွေးလွန်ထုပ်တွေး၊ related ငှက်ဖျား၊ Pathogen ဆင်ခြေ ထောက်၊ transmitted ဂျပန်ဦးနှောက်ရော၊ close/near water 35 Mosquito-borne

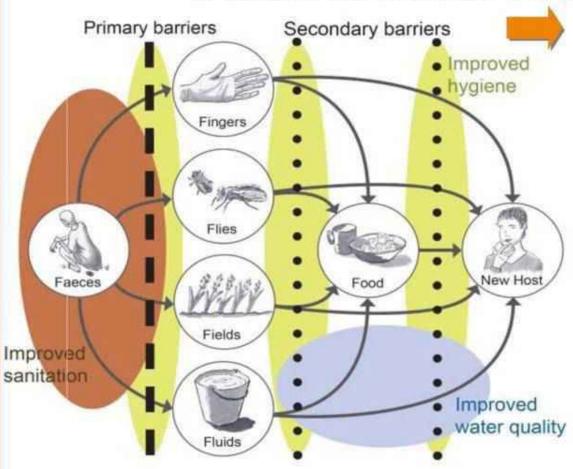
Source: WHO

IMR, U 5 MR & Life Expentency of 8 ASEAN countries, 1990 - 2009

Country	U 5 MR Rank	U 5 MR		* IMR (<1)		N Natal R	Life Expacta ^{cy}	Improved Sanitation %		
		1990	2009	1990	2009	2009	2009	Total	urban	rural
Malaysia	157	18	6	16	6	3	75	96	96	95
Thailand	125	32	14	27	12	8	69	89	92	82
Vietnam	93	55	24	39	20	12	75	75	94	67
Phillipines	77	59	33	41	26	16	72	76	80	69
Indonesia	66	86	39	56	30	19	71	52	67	36
Myanmar	44	118	71	84	54	33	62*	81	86	79
Cambodia	36	117	88	85	68	30	62	29	67	18
Laos	32	157	59	108	46	22	65	53	86	38
Singapore	184	8	3	6	2	1	81*	100	100*	

Source: State of the World Children UNICEF (2011)

Where can we disrupt the transmission routes?



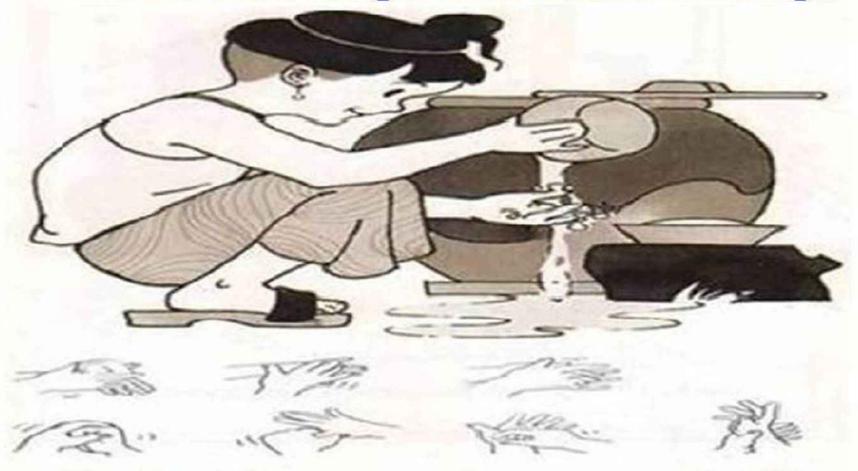
Washing hands after defecation or constructing safe sanitation facilities are primary barriers which prevent pathogens from entering the environment.

Washing hands before eating or protecting food from flies are secondary barriers which prevent pathogens from infecting a new host or contaminating food.

Wash Your Hands Clean with Soap on 5 Occasions

1-3. Before Eating, Cooking & Breast Feeding

4-5. After Defecating & Child Bottom Cleaning



YOUR HAND IS YOUR CLINIC

Remedies for water crisis

- > technologies such as
- drought-resistant crops
- drip-irrigation
- waste water treatment
- regulation to protect aquifers

Love trees -> love nature







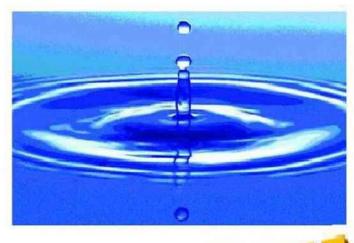
BEST WISHES





Water for Life









Innovating Life